

Small Plates

CHEF'S SOUP OF THE DAY	4/6
BLACK COD	12
light miso marinade	
SEAFOOD GUMBO NEW ORLEANS STYLE	5/7
MARASCHINO PIZZA	11
maraschino cherries, pancetta & blue cheese	
MARINATED OLIVES	4
lemon, garlic & shaved fennel	
FRENCH CHEESE PLATE	12
assorted artisan cheeses, fresh fruit	
FIRE ROASTED MUSSELS	9
fresh tomato & leek-saffron broth	
BEEF CARPACCIO	12
arugula, capers, truffle oil & lemon juice	
ILLEGAL BREAD	6
authentic Croation cheese-stuffed phyllo wrap	
BAKED ESCARGOT	8
mushrooms, sun-dried tomatoes, garlic & herb butter	
SHRIMP CAKES	9
sautéed mushrooms, basil aioli & tomato coulis	
MEDITERRANEANTRIO	8
hummus, tzatziki, roasted-pepper salsa & pita crisps	
ROBATA MINI SKEWERS TRIO	8
shrimp, chicken & steak with Mez signature sauces	
PAN-SEARED SCALLOPS	11
fresh spinach, cubed smoked bacon & grilled red onions	
GRILLED CALAMARI STEAKS	9
red & banana peppers, white wine lemon butter sauce	
BARBEQUE CHICKEN PIZZA	11
roasted red onions, barbeque sauce, jack & parmesan cheeses	
PISTACHIO CRUSTED GOAT CHEESE	9
braised endive, tomatoes, white truffle oil & balsamic raspberry redu	
LAND 'n' SEA COMBO	18
beef carpaccio and ocean fresh tuna tartare PAN-SEARED SHASHIMI STYLE SESAME CRUSTED TUNA	
wasabi, pickled ginger, ponzu	14
wasaoi, pickiea giriger, porizo	

Farm Fresh Salads

ARUGULA fresh mozzarella, cranberries, walnuts, pomegranate vinaigrette	8
CLASSIC CAESAR	7
crisp romaine with traditional dressing, garlic croutons & parmesan cheese)
ROASTED GOLDEN & RED BEETS	8
mixed greens, pine nuts & fresh herb goat cheese vinaigrette	
MEDITERRANEAN	8
roasted eggplant, grilled red peppers, tomatoes, cucumbers & feta cheese	
CRISPY CHICKEN	12
mixed greens, gorgonzola, tomatoes, candied pecans, grapes &	
honey mustard dressing	
ROASTED RED PEPPER	7
feta, endive, arugula, basil oil	
HOUSE	6
romaine, hearts of palm, tomato, mushrooms, Granny Smith apples, candied pecans & house vinaigrette	

Sides/6

Farm Fresh Grilled Corn
Steamed Broccolini
Grilled Asparagus
Baked Mashed Potatoes
Homemade Gnocchi
Sautéed Snap Peas
Hand-Cut Truffle Fries
Gruyère Mac & Cheese
Baked Cauliflower

Pasta and Risottos

ASIAGO CHICKEN PASTA	17
light tomato cream sauce	
BAKED LASAGNA	16
ricotta cheese & bolognese sauce	
SAUTÉED GIANT RAVIOLI	27
shrimp, scallop, porcini mushroom, alfredo sauce	-
FARM FRESH VEGGIE PASTA	16
fresh vegetables in a cream, marinara or pink sauce	
SAUTEÉD SHRIMP AND SCALLOP LINGUINE	23
asparagus, tomatoes, basil & mushroom cream sauce	
CHICKEN RISOTTO	19
corn, artichokes & roasted red peppers	
SEAFOOD RISOTTO	28
arborio rice with shrimp, scallops, mussels, calamari, fish &	
chopped clams in a saffron sauce	

From the Fire

with a choice of one side

LAMB CHOPS apricot chutney	29
FILET MIGNON pistachio béarnaise	30
GRILLED AHI TUNA ponzu & basil aioli	27
CEDAR GRILLED SALMON	22
teriyaki glaze GRILLED LOBSTER	market price
vanilla-coconut sauce RIBEYE	28
roasted mushroom demi-glaze	
NY STEAK porcini-peppercorn sauce	28
LAND 'n' SEA seafood choice: prawns, scallops or lobster tail protein choice: lamb chops, ribeye, New York strip or filet mignon	39/47
LAND SWORD petit filet mignon, lamb chop, pork tenderloin, chicken breast & n	32
patty grilled between red peppers and onions SEA SWORD salmon, tuna, mahi, prawns & scallop grilled between red pepper	30 rs and onions

Signature Entrées

BARBEQUE DIVER SCALLOPS	27
Louisiana Style	
BLACK COD	26
light miso sαuce with broccolini	
BROILED JUMBO SHRIMP SCAMPI	26
homemade gnocchi	
VEGETARIAN PLEASURE	16
chef's choice of fresh grilled, steamed & raw	
MAHI MAHI	23
white wine-lemon-butter-capers sauce & garlic mashed potatoes	_
ORGANIC FREE-RANGE CHICKEN	19
skillet roasted, balsamic-butter glaze, fresh grilled corn	
PAN-ROASTED PORK TENDERLOIN	21
caramelized Granny Smith apples, sherry wine sauce & roasted potatoes	
PECAN CRUSTED TROUT	22
oven roasted sweet potatoes, smoked bacon & spinach with	
a broken cider vinaigrette	
GRILLED BUTCHER STEAK	19
served with demi-glace and hand-cut truffle fries	
ATLANTIC RED SNAPPER	29
citrus beurre blanc, pesto potato cake & marinated grape tomatoes	
CHILEAN SEA BASS	30
ginger-butter-lime sauce, couscous, roasted pistachios	
SEARED VENISON TENDERLOIN	42
balsamic & blueberry glaze, truffled mashed potatoes	•
RACK OF WILD BOAR	33
mushroom risotto, oven-dried heirloom tomatoes & peach zinfandel sauce	